

Howard (G.)

THE
PLAN
ADOPTED BY THE
GOVERNORS
OF THE
MIDDLESEX-HOSPITAL
FOR THE
RELIEF OF PERSONS
AFFLICTED WITH
CANCER.



THE
L A N
DOVED BY THE
OVERSEERS
OF THE

Middlesex-Hospital

RELIEF OF PRISONERS

ARTICLES

C A W C E

WITH

NOTES AND OBSERVATIONS

BY JOHN HOWARD, Surgeon

OF THE

L O N D O N

Printed by H. L. GALABIN, Ingram-Court,
and sold, for the Benefit of the Hospital, by
J. DERRITT, Piccadilly, and by R.
BALDWIN, PATERNOSTER-ROW.

MDCCLXII

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Box

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LONDON:

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M.DCC.XCII.

E R R A T A.

Page 45, l. 23, after *like* read *cancerous*.

47, l. 17, after ~~attacking~~ read *these*.

57, l. 11, read *they do not* for *it does not*.

75, l. 21, dele *a* before *condensed*.

77, l. 12, for *even* read *ever*, or *at any time*.

79, l. 22, for *a*, after *by*, read *the*.

TO THE
MEDICAL GENTLEMEN
OF THE
MIDDLESEX-HOSPITAL.

GENTLEMEN,

THE deplorable situation of paupers afflicted with the disease, called a cancer, was casually a topic of conversation; and, in consequence of that conversation, I was requested to put down, in writing, what I conceived were the best means of affording relief to such persons by a public institution.

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The present state of the Middlesex-Hospital, the funds of which are small when compared with some others, its want of immediate patronage, and having, at this time, several wards unoccupied, were the circumstances which occasioned the present application.

To professional men it becomes me to write with diffidence; and any amendment of the plan, I shall presently mention, will be received with pleasure.

I take the liberty to observe, that two principal objects present themselves to my mind on this occasion; namely, the relief of persons suffering under this disease, and the investigation of a complaint, which, although extremely common, is both with regard to its natural history and cure, but imperfectly known.*

For

[* Vide note A.]

For the attainment of the first object, it is proposed that an airy ward of the Middlesex-Hospital be appropriated to this specific disease, and to this disease only; that the diseased shall there find such an alleviation of their sufferings as their respective situations may require, and that for an unlimited time.

That one large airy ward, divided into two, one part for men and the other for women, or two distinct wards, containing ten or twelve beds, might be fitted up, if a sufficient fund could be raised; and the ward or wards being already built, there would be wanting only the usual furniture of beds, coal, candles, board, and nursing; and, I believe, the expence of the above articles, including medicines, may amount to about 20 l. per annum for each of the ten or twelve;

and, as some patients would go off as others came in, within the space of a year, there may, probably, be about forty in-patients relieved in succession.

The worst and most deplorable cases of cancer may be divided into two classes; in the one class, the symptoms proceed to their final termination rapidly; in the other, slowly.

The first of these classes, as it will contain the more distressing and speedily-destructive cases, will comprehend the most proper objects for admission as in-patients; among these will be reckoned scirrhus and cancerous tumours, proceeding with such quickness in their progress, that they readily admit of a removal at an early, but not at a distant, period; and also spreading ulcerated cancers,

cancers, both when relievable by art and when not.

The second class will comprehend such women as have cancers not admitting of any operation, the disease going on slowly, in its own natural course, for years. These cancers, although generally adherent, are frequently not ulcerated, nor do they, when so circumstanced, greatly impede the ordinary business of life. Such cases, however, are not only objects of charity, but curious subjects for investigation, and therefore may be relieved as out-patients, with the liberty of being admitted within the hospital whenever their symptoms should become more distressing, or require constant daily attendance.*

And, that an opportunity may not be wanting of improving our knowledge

B 3

of

[* Vide note B.]

of the disease and present methods of cure, I beg leave to suggest farther, that, whenever the fund of the institution shall enable the governors to do so, a power be then given to the medical gentlemen of the hospital to admit occasionally, either as in or out patients, such cases of scrophula, or leprosy, as may lead to the knowledge of cancer or be liable to become cancerous; and that they may be at liberty to recommend, when necessary, warm or cold sea-bathing at the sea, mineral waters, or country air, for such cases as may require more particularly these remedies in aid to other means of relief.*

With regard to the second object, namely, the investigation of the disease, Lord Bacon has observed, that medical men should make themselves proficient in

[* Vide note C.]

in physic by studying one disease at a time. It is an opinion worthy of so great a man; it was particularly adopted by the late Mr. Pott, and by him recommended to all students in surgery.

By confining one or more wards to cancers only, the attention of pupils and others will be directed very strictly to the study of this disease. They will see facts as they arise in the aggregate, from a large number of patients; new lights will appear, and new discoveries will probably be made.

"I have often thought," says Dr. Sydenham, "that if I knew, accurately, the natural history of any disease, I should never be at a loss for a proper method of treating it:" and the wonderful improvements he made in science, by his great attention to the natural history of

diseases and the effects of medicine upon them, have been justly admired by practitioners of every country. Vide the *Preface to Dr. Sydenham's Observations on the History and Cure of acute Diseases.*

The natural history of cancers, although a common disease, in the enlarged comprehensive sense in which this great man understood the natural history of diseases, is but little known; I would, therefore, in order to improve a subject, on which a successful practice greatly depends, propose, that a faithful account of the history and circumstances of every case be kept, its antecedents and consequences should be marked, the effects of medicine and of operations, when necessary, noted, together with all the collateral helps to be gained by an inquiry into constitutional habits and diseases not strictly cancerous, but probably connected with it. This examination

examination may be made by a medical gentleman of the hospital, with the patient before him; his notes to be corrected by himself, and kept as a record of the history and circumstances of each case, to be recurred to, as an authority, by any intelligent or scientific person. A copy of these notes may be kept, fairly written, for general inspection; and, if any thing extraordinary or worthy of more particular notice arise from these sources, let the circumstances be published to the world at large.

By an institution, comprehending the two objects now pointed out, I have a hope not only that the diseased, but that practitioners in general, may be benefited; that much useful knowledge may be disseminated, and that we may, in no great length of time, be furnished with documents, on the disease and cure, much more
 authentic

authentic than any we are at this time in possession of. It is a very important subject of inquiry, equally interesting to the rich and independent part of mankind as to the poor; and, if such an institution be fairly set on foot, it cannot fail of producing beneficial consequences to all descriptions of persons labouring under this dreadful malady.

Having now, gentlemen, submitted, to your consideration, ideas, which have arisen in the way above-mentioned, I leave their completion with you, to be amended by such farther additions as may arise from the action of minds embarked in the same cause, that of useful science.

I will only add, (and I repeat their names with reverence,) that a better instructor, in all philosophy, is not to be found than Lord Bacon; and that, after
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ter the lapse of more than a century, regard being had to subsequent improvements, there is not a brighter example of sound unsophisticated physic than Dr. Sydenham; nor, I believe, a better guide to surgery than the late Mr. Pott.

I am, with the greatest respect,

Gentlemen,

Your most obedient servant,

Argyll Street,

October 12, 1791.

JOHN HOWARD.

Mid-
I will only add (and I repeat their names with reverence) that a better instructor in all philosophy is not to be found than Lord Bacon; and that

to ensure that he would pay the expense of
 the said *Middlesex-Hospital*, Jan. 7, 1792.

The REPORT of the Committee of
 Economy, upon a Reference made
 to them by a special General Court
 of Governors of the said Hospital,
 on the 14th Day of December
 last, for preparing a Mode for
 carrying into Execution the Pro-
 posal and Plan, communicated by
 Mr. John Howard, for the Relief
 of Persons afflicted with Cancer.

Mr. Howard attended, and informed
 this committee, that the donor proposed
 to place so much money in the 3 per cent.
 consols. in the names of William Drake,
 junior, Esq. Thomas Edwards Freeman,
 Esq. John Hale, Esq. and Mr. John
 Howard, of Argyll-street, as trustees, as
 should furnish an annual income of 120l.

and also, that he would pay the expence of fitting up and furnishing the ward for the reception of ten or twelve patients, afflicted with cancer.

This committee, after meeting several times to consider of and prepare a mode of carrying the above plan into execution, referred to the committee of economy by the special court of December 14, 1791, has come to the following Resolutions, to be reported to the next Special General Court, to be held on the 19th instant.

I. That a ward, capable of holding ten or twelve beds, shall be completely fitted up and furnished.

II. That, when the ward is completely fitted up and furnished, patients shall be admitted; and that at least six, if so many should offer, shall be there constantly maintained.

III.

III. That patients afflicted with cancers shall be admitted in the same manner as other patients of the hospital.

IV. That patients, labouring under cases of cancer requiring operation; spreading ulcerated cancers; and cancers returning after operation; shall remain an unlimited time, until relieved by art or released by death, unless it should be necessary to discharge them for ill behaviour.

V. Out-patients, afflicted with cancer, to be relieved with advice and medicine.

VI. That all benefactions of twenty pounds and upwards, given for this express purpose, shall be funded; and that all sums of less amount shall be applied towards immediately extending this institution;

tion; and a separate account shall be kept of all moneys received and expended for the purpose of this establishment.

VII. That, in conformity to the particular wish of the donor, the name of every patient admitted into the wards, fitted up for the reception of patients afflicted with cancer, shall be entered on a journal; and when, in the judgement of the medical gentlemen of the hospital, any extraordinary circumstance shall occur, or any remedy be discovered, a record shall be made and kept of the same, for the inspection of the public, agreeably to the spirit of the original paper presented by Mr. Howard, which the donor particularly requests may be strictly adhered to.

VIII. Any person making a donation of fifty pounds, or upwards, to the particular establishment for patients afflicted with

with cancer, shall be a governor of this hospital for life.

IX. Resolved, it is the opinion of this committee, that the request of the donor, to have the original paper, delivered by Mr. John Howard, entered upon the minutes, be complied with.

Resolved, that the explanatory paper, produced and read to this court by Mr. John Howard, be added to the above plan, (now resolved to be carried into execution,) and entered upon the minutes of this court.

EXPLA-

EXPLANATORY PAPER.

GENTLEMEN,

The fund proposed for this institution, liberal as it undoubtedly is, does not preclude the receipt of other subscriptions. The intention of the donor is only to make a handsome beginning, in the hope of many contributions from the charitably-disposed, to the farther extension of the plan.

It is wished that relief may be given, in every stage of the disease, to a large number of patients afflicted with cancer; and that the accession of medical knowledge, hereby arising, may be generally and widely diffused.

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It is presumed such an institution, although supported by a separate subscription, will tend to the aggrandisement of the Middlesex-Hospital. For, in no particular, is the subsisting economy deranged: that economy is strengthened and enlarged by the addition of new resources, backed by immediate patronage, which may probably be the means of raising future subscriptions to a great amount. The business of the house will continue to go on in the usual way. It is no impediment to so benevolent a foundation. It only enlarges the sphere of action, by holding out relief to poor cancerous patients, (many of whom are not now received into any hospital, or, if received, are soon discharged without finding benefit,) and, by attempting to investigate, scientifically, the nature and cure of a disease, which, from the character of incurable hitherto annexed,

annexed, has been long, much too long, neglected.

Two descriptions of women, labouring under cancer, have been mentioned in the former paper, in both of which the disease proceeds with rapidity. One comprehends cases, where the tumours are moveable, admitting relief by operation if done early enough. The other takes in spreading ulcerated cancers, not moveable, which cannot be operated upon with safety; and, from the present confined state of our knowledge of the means of cure, may be deemed incurable. The periods, when dissolution takes place in these last cases, vary in different persons; but humanity, as well as the hope of discovering something more than we know at present respecting the treatment of this disease, require, that such patients be not hurried out of the hospital under an idea

that they are incurable ; for, these, of all other cases, call aloud for time and patience.

It is a melancholy, but a true, reflection, that very few persons, with ulcerated cancers, do survive many months after their sores have spread and become highly irritable ; and these unfortunate sufferers, in the judgement of the donor, should be kept in the hospital till relieved by art or released by death.

When a cancer returns after an attempt made to cure it by an operation, that case also claims admission ; for, after a certain period, it will be a spreading ulcerated cancer, and require the same indulgences to the end.

The relief, held out to these deplorable cases, is a striking feature in the present plan,

plan, and not to be found within the rules of any hospital; but, had the intention of the donor been confined simply to such, the charity would have been too partial. It would, it is true, have been a charity for incurables, but it would have been considered as an alms-house. The *eadem vocabula rerum* might, in time, have prevailed, common dressings and common means would, probably, have been used; while the cause of science, with the best intentions of the medical gentlemen of the house, had been forwarded very little indeed.

To make the plan complete, the addition of patients of a third description was wanting, and the defect is supplied by admitting cases that require operation. By the specification of the three kinds of cases, as they stand in the fourth resolution of the committee, the plan is perfected. The

principal subjects on which future improvements must turn (taking in the collateral aid of the papers) are sufficiently defined, and can never be mistaken. Thus, the character of the institution is specified with precision, as a charity for cancers in general; and, in proportion to the number of cases requiring operation this institution will embrace, so will the general expences of the hospital be lessened by this separate provision for cancerous cases already admissible within its walls.

Persons afflicted with cancers, which go on slowly for years, and are adherent without ulceration, are, in this plan, considered as out-patients. These, however, become objects of admission, when their cancers ulcerate, when such become highly irritable, and when the sufferers can no longer follow their accustomed occupations.

There

There are also some other cases of cancerous tumours, which will not require admission but for the purpose of being removed.

From the foregoing outline it is clear, that the plan embraces not only the most distressing objects, but every symptom and circumstance of the disease: abstracted, therefore, from the relief and comfort it will afford to many a suffering individual, there will be a fair scope for investigation and improvement, which no institution upon a smaller scale could possibly give.

Had the affair of investigation been omitted, the plan would not only have been extremely imperfect, but it would neither have filled the mind nor have answered the intentions of the donor; I can only say, he has the whole matter much at

heart. He does not mean to prescribe to the medical gentlemen of the house, but hopes that this part of the plan will be kept up with due attention and spirit. As a very interesting passage in the works of Lord Bacon will, I believe, explain farther his ideas on this subject, I beg leave to subjoin it.

When speaking of certain desiderata in medicine, he says, “ *Primum est, inter-*
 “ *missio diligentiae illius Hippocratis, utilis*
 “ *admodum, et accuratae, cui moris erat,*
 “ *narrativam componere casuum circa ægro-*
 “ *tos specialium, referendo qualis fuisset*
 “ *morbi natura, qualis medicatio, qualis*
 “ *eventus. Atque hujus rei nascis nobis*
 “ *jam exemplum tam proprium atque insigne,*
 “ *in eo scilicet viro, qui tanquam parens ar-*
 “ *tis habitus est, minime opus erit exem-*
 “ *plum aliquod forinsecum ab alienis artibus*
 “ *petere; veluti a prudentiâ juris-consul-*
 “ *torum,*

“ torum, quibus nihil antiquius, quam il-
 “ lustriores casus, et novas decisiones, scrip-
 “ tis mandare; quo melius se, ad futuros
 “ casus, muniant et instruant. Istam pro-
 “ inde continuationem medicinalium narra-
 “ tionum desiderari video; presertim in
 “ unum corpus cum diligentia et judicio di-
 “ gestam: quam tamen non intelligo ita fieri
 “ debere amplam, ut plane vulgata, et quæ
 “ quotidie obveniant, excipiat (id enim in-
 “ finitum quiddam esset neque ad rem) nec
 “ rursus tam angustam ut solummodo mira-
 “ bilia et stupenda (id quod a nonnullis fac-
 “ tum est) complectatur. Multa enim in
 “ modo rei et circumstantiis ejus, nova sunt,
 “ quæ in genere ipso nova non sunt; qui au-
 “ tem ad observandum adjicit animum, ei,
 “ etiam in rebus, quæ vulgares videntur
 “ multa observatu digna occurrent.” Mal-
 let's Edition of Lord Bacon's Works.
 Vol. IV. cap. II. page 111. De Aug-
 mentis Scientiarum.

NOTES

NOTES

EXPLANATIONS

N O T E S

A N D

O B S E R V A T I O N S .

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NOTES and OBSERVATIONS

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[Note A.]

UNDER the general name of *cancer*, are comprehended, not only morbid affections of very different parts, but, if we consider this as a generic term, under it are contained, if not very different diseases, at least several species and varieties of the same disease,

The surgical treatment of cancers has been greatly meliorated by the moderns : but, if we trace
the

the present state of knowledge back to its source, we shall find that less improvement has been made in the natural history and cure of this than of most other diseases. It will be found that much useful information may *still* be drawn from the writings of Hippocrates, Aretæus Cappadox, Galen, Celsus, and others. These men, with very little assistance from the preliminary sciences to physic, (I mean anatomy, botany, chemistry, and physiology,) carried their inquiries to a very great length: and it has been generally acknowledged, that, in their descriptions of diseases, they were very accurate observers of nature. They probably derived advantages even from their ignorance of that great extent of knowledge in these sciences, which engrosses so much the time and attention of modern medical men. Their minds were confined to objects comparatively few in number; and, these being for the most part obvious to the senses, when they describe what they have seen, they are generally very correct: but, when they attempt a theory, both from the small progress they made, not only in the above parts of medicine, but in the knowledge of the effects of remedies, we too often find them deficient. But how true soever this may be when applied to physic in general, their knowledge of cancers was by no means contemptible. Hippocrates, speaking *de con-*
clusis

*clusis uteri mensibus, says, "Et in mammarum tubercula
 "dura oriuntur, quaedam quidem majora, quaedam
 "vero minora. Hæc autem minime suppurant, sed
 "semper duriora fiunt; ex his deinde occulti canceri
 "pullulant."* The *tubercula majora* and *minora* ex-
 press two different states of the disease, as it appears
 at this day. And, in this particular case, his prin-
 cipal indication of cure arose naturally from the
 cause assigned. Whether he promoted a discharge
 from the hæmorrhoidal vessels, as a necessary means
 of relief when the catamenia were either deficient or
 wholly absent, I have not yet been able to inquire;
 but it may certainly be done in many cases, with
 great effect. Without that critical knowledge of
 anatomy, on which we now greatly depend, he
 knew, from attention to the operations of nature,
 that there was a consent, or sympathy, between the
 female breasts and uterus: that congestion in one
 part would be lessened by congestion in another,
 with which it was intimately connected; and that
 affections of the breasts would be still more relieved,
 when a due determination and consequent evacua-
 tion had taken place from the uterine vessels; and
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of the liver and spleen to inflammation taking an unfavourable turn. He describes a cancer of the uterus; and, of cancers in general, he says, "*Ulceratus autem cancer, non ulcerato, longè improbius est, et odore, et dolore, et vitâ, et morte.*"

The progress and appearances of the adherent cancer, its highly-irritable disposition, and the danger of tampering with it, were as well known to Hippocrates and Celsus as to the best-informed surgeon of the present time. And the description of a cancer, by the latter, is so truly expressive of the disease as for ever to discriminate it from every other with which it may accidentally be confounded.

In the works of Galen may be found many observations which have been repeated and sometimes perverted by subsequent writers. I know not what ideas can be formed of his *atra bilis* when applied to this disease; I can only say, from observation, that persons afflicted with a genuine cancer are frequently highly bilious: and I conceive, that, upon this general symptom, a very important indication, in the treatment of cancers, may be formed. He used Solanum as a topic; "*Et caneros incipientes tantum sanabiles pronunciat.*" Oribasius, Ætius, and Paulus

Paulus Ægineta, copied Galen, but they improved the art. The parts most affected with cancers, in the time of the antients, according to their descriptions, correspond with modern observations. The great distance of time, the difference of climates, and a very different mode of living, have made no great alteration. We have, it is true, the chimney-sweepers cancer, which they perhaps had not; but this is, I believe, the principal, if not the only, exception. The circumstances of this cancer, beginning in the *rugæ* of the part, and extending thence and affecting the neighbouring gland secondarily, are well known. I have seen an affection, somewhat simular, arise as a boil, containing, as other boils generally do, a slough, but of slower progress, in the same part, in a man who had never any connection with foot: and, in this case also, the gland became diseased in the same way. The chimney-sweepers cancer begins with what is called the foot-wart, which is followed by a spreading ulceration.

In the adherent as well as in some other cases of cancer, the antients very wisely attempted to moderate what experience had repeatedly shewn them they could not cure: and, from the means they employed, I am inclined to believe they frequently succeeded.

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They understood the use of the knife, of astringents, and caustics; to which they added the actual cautery: and they were fully sensible of the great advantage of removing scirrhus and cancerous tumours at a very early period. The knife, under certain limitations, has been generally adopted by modern surgery; astringents and caustics have sometimes been used, but the cautery has, for the most part, been neglected. There is, however, an instance of the cure of a fungous excrescence, within the orbit, in a late French writer: and, in an hospital of this town, I remember to have seen the cure of a cancerous fungus, within the month, by the same means. The practice, in the first instance, although apparently modern, was as old, if not older, than Albucasis; and the use of the cautery, in the latter, may be traced even to Hippocrates. In a fungous spongy kind of excrescence on a boy's chin, I once succeeded in effecting a cure by astringing and sloughing the part with a strong solution of *Saccharum Saturni*. Le Dran mentions, if I recollect right, the cure of a cancer of the breast by a mortification taking place accidentally. The effects in both instances were partial; as much so as is that kind of mortification which arises from tying those diseased excrescences, which often arise in consequence of piles.

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The Arabians borrowed from the Greek and Latin writers, and added to their acquirements. The actual cautery was, by them, carried to a great extent. They seem to have applied it more generally than their predecessors, and they not only used it to cancers, but to many other diseases. It was a substitute for blistering, before the use of cantharides was known; it was employed in a great variety of cases, and anticipated, many centuries ago, the modern caustic in curvatures of the spine, as may be seen in Albucasis. In the same author, we have three modes of cauterising in a small incipient cancer. The cautery was sometimes applied to the center of the tumour. This method our author did not approve of; but he recommends the use of the same means, in a circular direction round the tumour; and he also mentions the application of several cauteries in the neighbourhood of the part diseased. Their cauteries were generally small, calculated to produce immediate irritation. The application was frequently a kind of acupuncture, purposely rendered more painful and active by fire. In apoplexies, epilepsies, sciatica, in obstinate pains of the head, in the hydrocephalus of children, and in many other diseases, it was a common, and, I

have no doubt, (although painful, and to us horrid,) a very powerful remedy.

Would the application of a cautery or a caustic, in a circular manner round a small incipient cancer, *but without touching it*, by cutting off the communication with the surrounding vessels, tend to lessen the tumour, or to check its farther progress? Would it be of use to keep such a sore open, as a drain? Would these means, by diminishing the irritability of the diseased gland, render its subsequent removal more safe, more manageable, or the cure more certain? Would they prevent the spreading of the sore or wound, and that return of disease which so often takes place after the removal of cancers? Would the application of the same means, to the sore itself, after it has contracted and is healing, prevent the return of disease? Or, lastly, would the application of modern caustics, of which we have great variety, by producing the destruction of the part at once, and extending to all the attachments of the disease, in a small cancerous tumour, be an improvement?

Surgery, about the middle of the sixteenth and for the greater part of the seventeenth century, was but in a rude state. The chirurgical writers of this period

period copied from their predecessors; but they did not always copy them fairly, nor did they materially improve the treatment of the disease. The French made more early advances in surgery than the English, and among them we find many highly useful remarks on cancers. From the observations, consultations, and operations, of Le Dran, much information may be gained. The account of cancers, in the latter work, is well drawn up, and shews great knowledge of the disease. In the memoirs of the French Royal Academy of Surgery, there are some excellent remarks; and our countrymen have been no less active in noting a great variety of circumstances in the disease. It must also be confessed that we have many histories of particular cases, but they are, for the most part, incomplete: so incomplete, that it would be difficult to point out three cases of cancer of the female breast, on record, in which the local appearances and symptoms, produced in the system in general, are detailed in a correct manner from the beginning to the end of the disease. General accounts there are many; partial histories of cases there are many; but cases in detail, comprehending not only the more striking but the little important circumstances of the disease and treatment are much wanted. When I mention the general symptoms of a cancer, I allude to that uni-

verfal indisposition, which, for the most part, precedes and accompanies the progress of this disease in the female; and this has, in a great measure, been overlooked by chirurgical writers. The state of the catamenia and hæmorrhoids, when the latter have become habitual, has not been so much attended to as their very great influence, in regulating the economy of the body at different periods, seems to require; and yet on these circumstances much will depend. The plumbean countenance has been marked, by a late practical writer, as a circumstance strongly characterising certain cancers. Violent pains of the head; a dry, painful, vomiting, and sometimes a bilious, kind of affection, precede the attack in a genuine cancer of the female breast: nor do these symptoms cease upon its formation, but recur, at uncertain intervals, throughout all its subsequent stages. A lady, about seventy, subject to gout, had a small moveable carcinomatous tumour in one breast; so long as she had the gout in the usual way, this tumour did not trouble her, but remained quiet for years: but, when she ceased to have it, the cancer grew painful and soon ulcerated: when it tended to ulceration, and for the short time she lived after it was ulcerated, the affection of her stomach was so great, and the fits of reaching so painful and violent, that they appeared more distressing

treffing than the disease itself. It has often been a matter of astonishment to me, to see, upon the ulceration of a cancerous tumour of a small size, much more early in life, how rapidly the countenance, the general health, and state, of the woman, has been altered: from having been plump and florid, she has suddenly become pale, emaciated, her cheeks fallen, her nose pinched in, her strength greatly diminished, and her appetite gone. When such circumstances arise from acute internal diseases, the change is not to be wondered at; but why a small external cancer should produce these phenomena, unless they are the effects of very great irritation, and the absorption of something highly noxious to the system, is not easily explained. The poison, absorbed, (if it can be called by so hard a name,) seems to be generated, by time and delay, within the body. And with respect to the communication of disease, by the application of cancerous matter to the mouth, which has been supposed, I can only submit the circumstance to future inquiry. If the true cancer depends on a leprous taint, it may, very possibly, be thus infectious: some circumstances will be hereafter adduced to shew this connection; but the affair of infection still requires farther proof.

[Note B.]

These cases answer, in most respects, to the description given of cancers, by Celsus, and are, I believe, of that species which Hippocrates has called occult. The best modern, as well as antient, writers, not finding, from the immobility of these tumours, that they could be perfectly removed, have never attempted to do more than moderate their progress. They have been considered as the worst kind of cancer, incapable of bearing the smallest irritation, and have been generally left, under gentle treatment, to time and nature. It may humble the pride of art; but it is extremely true, that, when so left, the disease has very frequently remained for many years quiet, sometimes even to old age: but when accident or some violent local irritation inflames the tumour, it then increases in size, the skin breaks, and, ulceration taking place, the mischief spreads far and wide: and it has been found, from the concurring testimony of practitioners in general, that every thing in the way of operation does hurt, by accelerating the mischief, and bringing on bad symptoms prematurely: in short, this species of cancer can only be moderated,

If

If these facts be admitted in adherent cancers, similar means of relief perhaps may sometimes be employed in other cancers ~~not~~ adherent, provided they continue quiet, neither increasing nor affecting the neighbouring glands. But these cases require constant and very accurate attention, to choose, if they must be removed, the precise period of their progress, *before* the contents of the gland or glands have so far proceeded to a crude state of fermentation, sloughiness, or whatever else it may be, which, when absorbed or communicated, affects not only the nearer lymphatic, the other neighbouring glands of the same order with the originally-diseased one, but the small glands of the skin, and the system in general. For, it must be noted that the progress of this disease is sometimes extremely rapid.

[Note

[Note C.]

There seems to be a great affinity between scrophula, leprosy, and cancer. — A man, about fifty, corpulent, and of a coarse, florid, complexion, with a settled red in his cheeks, and light hair, was subject to hard, thickened, and elevated, rhagades, with a yellowish-white crust in the palm of one hand. To this complaint he had been subject for many years: it first began with a scorbutic kind of eruption on the head, after he had been cured of the itch. Upon the eruption going off from thence, it attacked the above part: after continuing there for some years, sometimes in a stiff, painful, state, in the form of rhagades, the affection left that hand and attacked the other in the same manner. It would be sometimes scurfy, and scarcely elevated above the skin: when, in that state, it was no great inconvenience; but the skin, in the clefts of the hand, would, at times, be considerably thickened, and raised into a number of hard, large, purplish, kind of knobs: the part was affected with a troublesome itching, and the tumours, upon touching them, appeared to be insensible, or nearly so, as is the case in the true elephantiasis, and in some kinds

of

of cancerous tumours. Every year, as the summer advanced, the rhagades would get worse, be more elevated, harder, and of a deeper hue. The general complaints, to which he was subject, were headache, indigestion, sickness, and irritation at the neck of his bladder, &c. The wife of this man was of a sanguine, melancholic, temperament; of a swarthy complexion, dark eyes, and black hair, subject to gout, but without any appearance of a scorbutic or scrophulous disposition. A son of this couple, at the age of eighteen, had a scrophulous affection of one of his knees; which, notwithstanding every assistance that could be procured him, ended in an incurable hectic. This young man's temperament inclined wholly to that of the father: like him he had blue eyes and light hair, but was of a more delicate make, with a clearer and finer skin. Besides a diseased knee, he had scrophulous glands in his neck; and, when he was greatly reduced by the hectic, a hoarseness came on; and, after this, upon examining his throat and mouth, I discovered an erosion of the *ossa palati*, and the opening was nearly an inch in diameter. See the account of the leprosy in the London Medical Observations of the College, vol. I. page 201.

The

The rhagades, to which the father of this man was subject, I take to have been a modification of the elephantiasis, or a species of leprosy; and, from the *raucedo vocis* and erosion of the palate, which affected the son, I am inclined to think he also had one of these diseases in his habit, but that the form in which it appeared in him was the scrophula. — The father of this young man is now living. I was much surprised, upon seeing him lately, to find that the rhagades were entirely gone from both his hands, but the disease had shifted from them to one arm, and that arm is leprosy; his health is much worse than it ever was; his tongue is constantly white; he complains of giddiness, loss of appetite, and dimness of sight; and is evidently emaciated.

In another family there are two children, one of which has a glandular swelling of the scrophulous kind; the other, a rough, scaly, dry, thick, kind of skin: the father, I have reason to think, is scrophulous; his mother had a cancer; and every one of his children (and he has several) have that peculiar kind of hoarseness, to which scrophulous persons are sometimes liable. — I am acquainted with a third family; one child of which, having slept with a servant who had a number of leprosy spots upon her,

her, was soon covered from head to foot with an eruption very like that of the servant, but got well by small doses of *Æthiops Antimon.* This child was, perhaps, predisposed from his father to this affection; for the latter, some years after this, was seized with an appearance truly leprous. After having been some time in an ill state of health, losing his flesh, complaining of giddiness, sickness, and indigestion, a strong preparation of steel was recommended to him; when he had taken this for some time, an eruption, evidently of the leprous kind, appeared on one of his arms; upon this his symptoms were greatly relieved, and his general health altered for the better. He has now had this complaint three years; during that time a similar affection has attacked the other arm, but that first affected has spread considerably here and there: several distinct knobs have arisen in the skin and cellular membrane; these knobs are first moveable, hard, then slough slowly, and lay bare the surface of the subjacent muscles. When they have gone on in this progress, they heal, and others arise; these knobs are very like affections of the miliary glands of the skin, which we often find in the breasts of women: his health is now, in other respects, perfectly restored. — To shew farther the connection between lepra and cancer, I beg leave

leave to compare an adherent scirrhus tumour of the breast, of long standing, and, for the most part, late in life, with the rhagades above-described; the same increment at particular periods, the same itching uneasiness, the same crusty appearance at some particular parts of the tumour or tumours, the same hardness, insensibility, and hue, prevail in the one as in the other. With regard to scirrhus tumours in the breasts of women; irritation and inflammation, long kept up in any glandular part, may cause it to swell, become tender, and even painful; and in this way many scirrhus tumours, in young or middle-aged women, come on originally. There is, as has been observed, a very particular consent between the uterus and breasts, about the time of the periodical return of the catamenia, in many women, which is indicated by a fulness, tenderness, and sense of weight, in these parts, a short time before the evacuation from the uterine vessels commences. The partial application of cold, and many other causes, may check or totally obstruct this evacuation, and thereby occasion a congestion, or load, in the glands of the breasts: when these have been once affected, a disposition to irritation and inflammation is given; it will depend on other circumstances whether this affection may ever amount to a scirrhus. The catamenia returning,

returning, there being no other cause applied, it is very possible that the fulness and congestion may go off; but if a blow has been received, or if a second inflammation arises, if there is a tendency to scrophula, or what I would call a leprous taint, in either of these cases, the gland or glands, injured, may continue to enlarge, become more painful, or remain in an indolent state, according to the violence or activity of the exciting cause; and, in this manner many scirrhi become troublesome, and even cancerous, in women, long before, what seems to be, the natural period of life for this disease. Many cancerous tumours in men, and diseased breasts in women, even early in life, when they arise without any known exciting cause, such as a blow, inflammation, &c. are, perhaps, *idiopathic*, that is, original diseases of the habit, attacking particular parts. The observations, hitherto made, are applicable to persons who are young and in the vigour of life, as well as to those who have not yet passed its meridian; but when, after that, age advances, then both the predisposing and exciting causes, above-mentioned, are more to be dreaded; and, in addition to them, there naturally arise other circumstances, which may render what has been, perhaps for many years, a simple glandular enlargement, or a simple indolent scirrhus,

truly

truly cancerous. The learned Baron Haller, has given two very ingenious hints respecting the use of the lymphatic glands, and the origin of scirrhus tumours. See *Prima Lin. Physiologiæ*, p. 109. Gottenburg, 1752. *Boni aliquid has glandulas vas-
fis lymphaticis et lymphæ præstare satis certum est, cum
nullum vas lymphaticum lacteumve ad suam insertionem
perveniat, quin in aliquam glandulam ramos prius
distribuerit, ramosque ab eis reduces recipit; chylo-
sus succus quo hæ glandulæ in junioribus hominibus et
animalibus replentur, et niger ille, quo turgent in pec-
tore senili demonstrat secerni aliquid de sanguine in his
glandulis; et affundi, lymphæ chylove, in cellulosa fortè
spatia expulsis. Magnitudo et integritas in junioribus,
corruptio et destructio in adultis senibusque, suadent,
hanc secretionem, in juniore animali integerrimam, in
senio, perire; non alibi crebrior scirrhus.*

The above facts, relative to the lymphatic glands, deserve a very particular attention; for, an alteration of structure and secretion certainly pre-
vails in other glands, as well as in them, at parti-
cular stages of life: as, for example, in the glands
of the female breast, when the catamenia no longer
appear; and in the testes and prostates of men at a
certain period. If age, therefore, produces some
remarkable changes in these glands also, and if the
lymphatic

lymphatic system is concerned in their formation and functions, which I believe is indisputable; it follows, both from the concurrence of a similar cause, as well as from that connection, which these glands must have with the lymphatic system, that the same disease may be produced in them, in nearly the same manner. If this be denied, it must however be allowed, that age is certainly a very powerful predisponent cause to cancer. In a woman, upon the cessation of the catamenia, those parts, which nature made subservient to parturition, and the nourishment of the child after birth, become useless as far as respects these important purposes, the female ceasing to have the periodical *plethora* in her breasts and uterus, and that natural evacuation which takes these painful affections off. — The circumstances, in which they formerly were, are now totally changed; and, from that time forward, they are regulated by new laws. And whenever in man, that period of life arrives, at which an alteration from age, in certain glandular parts, is produced; then a revolution takes place in his system also. The internal structure of these glands being different from what it was before, if they still continue capable of secretion, the nature of that secretion is so totally changed, that it has probably a great tendency to become acrimonious.

E

Why

Why are the secretions from some glandular parts more foetid in old than young persons, if age does not bring on this acrimony? Why are old animals generally allowed to be more strong and more rank than young? And why is the urine in them most frequently more offensive? Do not these circumstances shew that there is not only an acrimony attendant on advanced age, but also a disposition to putrefaction?

From the great difficulty there frequently is in curing even a slight wound, or sore of the leg, in persons passed the middle age, whose constitutions are not perfectly good; it may, I think, be fairly inferred, that there is frequently a disposition in the system, about that time or after it, to local chronic inflammation; and this, when once produced, is very apt to become habitual. The numerous instances daily met with of ulcerations in the legs in some habits, and particularly in elderly persons, which can by no art whatever be perfectly healed, or, if healed, are followed by some worse disease, shew most clearly, that, towards the decline of life, this local inflammation and drain are often highly necessary to health. If we look farther into the habitual diseases, incident to the same period, we shall find that chronic rheumatisms, catarrhs, asthmas,

asthmas, disposition to erysipelatous inflammation, and gout, are very common. The hæmorrhoids begin generally much more early, even during the vigour of life, and continue throughout all its subsequent stages: and, according to the prevalence of each of these complaints, after they become habitual, and recur at certain or uncertain periods, so have they a greater or less tendency to keep off many other diseases. This is particularly remarkable with respect to the gout; for, so long as this disease continues regular, it is perhaps the best preventative of the bad effects of a scirrhus both in male and female; but, the moment it ceases to be a salutary effort of nature to relieve the constitution; when, after a long series of regular fits, it becomes anomalous, or when, by inattention, it has been made so; then the balance in the system, which this disease has for years maintained, loses its influence: it is no longer the *vis medicatrix naturæ*, but leaves the body open and defenceless to the formidable attacks of other diseases. I remember an instance of this kind in a person aged sixty-eight, who took pains to cure a kindly regular gout. When the disease left him, he grew debilitated, from being remarkably healthy and robust. It never could be reproduced. The symptoms of a scirrhus soon appeared; and, in a few months, proved fatal. I am

of opinion that the gland had, in this case, been enlarged long before the symptoms, denoting a scirrhus, appeared, and that these symptoms might have been kept off much longer, if the gout had continued regular; for, he certainly had them not, before he altered the natural progress of that disease. Whenever therefore an habitual disease prevails in an elderly person, who has long had a predisposition to scirrhus or cancer, it behoves the practitioner to pay attention to the derivation and revulsion such habitual diseases may make from the local one. And this will apply to all scirrhii in persons subject to gout and other habitual diseases. Such attention cannot possibly cure the scirrhus, but it may keep it within moderate bounds, and thereby put off the evil day.

Having shewn in many instances that there is at the period of life above specified, a tendency in the system to local chronic inflammation, or what may, perhaps with more propriety, be called a disposition to local chronic irritation; I come, in the next place, to the application of this principle to scirrhous and cancerous tumours in general. And I say, that, with respect to women after the middle age, when the catamenia have ceased, or are about to leave them, that the tendency to this chronic irritation is then

then strong, and continues for the remainder of life. The system is not only frequently disposed to the several diseases above-enumerated, but their breasts and uteri, from that gradual decay, which time and age do constantly bring with them, losing their former functions, are particularly disposed to injury, that a blow or any other cause capable of raising irritation on these parts, at and after this period, may produce a scirrhus; and this, when once produced, may, under such circumstances, probably go on with greater or less rapidity, till the glands affected become truly cancerous; and these consequences may take place, without the appearance of a scrophulous or other vice in the constitution. If the fact be that scrophula and leprosy are different modifications of the same disease, if the lymphatic and other glandular parts suffer an alteration in their structure, and in the qualities of the several fluids secreted in them, in consequence of age, it is fair to suppose, that, whenever a leprous vice is joined to these circumstances, the tendency to true cancer will be most strong.

A lady, of a scrophulous habit, died of a cancer, which was increased from the cure of a leprous spot on one of her fingers by a topic, applied without

her explaining to the surgeon that she had also a cancer. This topic was sulphur.

A married man and woman had three children. The father of these children was scrophulous, the mother had an incurable cancer of the breast: two of the three children were scrophulous; the eldest had the elephantiasis to so great a degree that he died of it. More facts might be adduced to shew that there is this kind of hereditary affinity between scrophula, lepra, and cancer; and that the disease of the parent will thus pass to the child, but modified in a different way. And, agreeable to this, we find, that the same means, which moderate the violence of scrophulous and leprous effections, have sometimes a tendency to moderate those which are scirrhus and cancerous; namely, sea-water, warm and cold sea bathing, warm fomentations of sea-water, purging mineral waters, a proper diet, &c.

There is no habitual affection more worthy of a minute attention, in cancers, than the hæmorrhoids.

A pile in its most early state is a distended varicose vein. When local irritation arises and an effort of nature

nature is made on the part, not only distention but pain and slight inflammation take place. If these circumstances proceed to a considerable degree, the loaded vessel or vessels generally burst; an evacuation of blood following, the fit is thereby terminated. But, if the vessel does not burst, the irritation may continue and the pile may be compared to an autumnal fig, never ripening, which is hard although withering on the tree; if this little tumour be opened a small quantity of grumous blood is evacuated, and upon this the symptoms cease. This is a short description of the progress of a single pile; and what has been said of one, may easily be extended to a number. The course of nature in the formation of this complaint, and the relief that may be derived thus early from surgery, are obvious. How far that may, under certain circumstances, be a right practice, when this kind of defluxion is critical, is another question. I am of opinion that the piles are only objects of surgery when they become morbid, and not then, without a careful reference to the general state of the patient.

Acrimony derived from the stimulating effects of evacuations from the intestines, as the natural outlets through which different glandular bodies contained within the abdomen empty themselves;

the rectum, as the lowest part, being the last receptacle; the natural situation and structure of the veins, and frequent pressure from above, are the local circumstances which dispose to defluxion; but these circumstances are aided and supported by an economy of the body, which, in some habits, is indispensibly necessary to its well-being, and can seldom be changed with impunity. The limits, at which nature ceases to support the balance of health in the system by the piles, are not definable within the small compass of the present work. I can therefore only repeat that acrimony and pressure, to which may be added stricture from the contraction of the sphincter, may to a great degree not only forward the defluxion, but produce a kind of strangulation of protruded piles. Here also one of the most certain ways of giving relief is to open them either by the lancet or leaches; and, of the two, the first is the most ready and the safest. If the coagula be fairly let out, the irritation goes off, the piles retract, and the return of the disease, when it happens, is rendered less painful, and what was a short time before a preternatural, becomes again a regular, habitual affection. When the defluxion is great, and there are many piles protruded with a varicose state of the veins high up, there may sometimes be danger of considerable bleeding, from
opening

opening several at the same time. The opening of one will generally give ease, and point out how far the practice may with safety be extended to others.

Even in a more advanced state, when the pile has degenerated into a fungus, or excrescence, surgery can do little more than remove the local inconvenience; for, the power of habit and tendency to defluxion will still continue, and the general health of the person afflicted will probably be injured if it does not.

When the precautions above-specified have been neglected, disease in the enlarged pile may go on; repeated fits produce irritation repeatedly; and what is sometimes a protruding, sometimes a retracting, pile, becomes, after frequent enlargement, more diseased, and at length fungous. It then appears in the form of an excrescence. From its size and situation it constantly irritates; that irritation is kept up by a drip from above; and, by the repetition of acrid motions, other parts are gradually brought into the same situation: the veins, above, partaking of the general affection below, become also varicose; a thin discharge, sometimes slightly tinged with blood, and sometimes hæmorrhages, arise. When the disease has gone
thus

thus far, it has passed greatly the bounds of natural piles, and the morbid excrescences, if within reach, should be removed. These have sometimes been called cancerous ; I do not mean to say they never become cancerous, but they are generally fungiformerly, and, as such, admit of cure. They happen to both sexes, but more particularly to women who have had many children, as a consequence of piles, from the pressure of the uterus within the pelvis during gestation : and, in them, they are frequently less critical, more accidental, and morbid, than in men.

The antients, and the Arabians after them, used the actual cautery to these excrescences ; and, when it is considered that the complaint has now become more a local than a general one, this painful remedy, although discarded from modern practice, is certainly safe. Astringent sedatives, whether applied externally or internally, have a general effect as well as a local one ; and therefore I believe them to be more exceptionable. The form is specious, but the effects are open to suspicion, if not to danger : but when the part, whence the hæmorrhage arises, is not within reach, these are the only means of relief ; and the safest are those of the styptic kind.

The

The antients also employed the knife, as is done at this time : but, from an instance of fatal hæmorrhage, a late surgeon, of great character, adopted the ligature, and it had been a practice before his time. When it is observed that the hæmorrhoidal veins are frequently varicose high up, and that the tendency to piles must have become habitual long before these excrescences could be formed, it will appear that the latter, although more painful, is the safer remedy. But, be the operation what it may, if it were possible by these methods to prevent the hæmorrhoidal tendency, they would do mischief. They can only do service in removing an inconvenience, merely local, without deranging the state of the abdominal viscera, and that of the system in general : and the fact, as far as I have been able to inform myself, is, that though the irritation, from diseased piles, may be thus removed, yet the tendency to piles continues, and, if it did not, the constitution would probably suffer from the consequences of suppressing a natural discharge.

The temperaments most subject to piles are the sanguinous and the sanguineo-melancholic ; and, in these, the consequences of such suppression are sometimes serious. When the disposition has been fairly

fairly established for years, from the use both of external and internal astringents; a tendency to defluxion, in other remote parts, has shewn itself. Thus the suppression of piles has been followed by giddiness, pains of the head, pulmonic affections, hæmoptoë, &c. It is wonderful there should be this consent between parts so distant; but it proves, I think, clearly, that piles are often critical, and, being so, great caution should be used, particularly late in life, in the attempts to check or cure them. I suspect that complaints, truly cancerous, not only in the rectum, but in the uterus, bladder, and prostate, have arisen from their suppression; and that to the same cause may be traced certain enlargements of the liver and spleen. — Aloëtics, spices, high living, both with respect to food and wine, promote the tendency to piles, and, by distending them till they burst, produce, for a time, the termination of a fit. Gentle laxatives, sulphur, absorbents, lime-water, and cicuta, taken internally, by correcting the acrimony of the evacuations, and the drip of thin, sharp, secretion, tend to relieve irritation and pain; opiates, locally applied, give ease, but they tend to check the recurrence of the disease.

There

There are three orders of glands, in the female breast, which may be affected with cancer. These are the glands destined by nature for the secretion of the milk, the lymphatic and the smaller glands, which have been called the miliary glands of the skin. A blow received and neglected, on the two former, may give rise to a scirrhus and cancer; and the same circumstances will sometimes lead to a diseased testis in men. The event, after extirpation, is, however, different in the two sexes, although disease in both arises from the same remote cause. Upon the removal of the testis, before an affection of the chord commences, permanent relief is generally obtained; the disease, for the most part, not returning: but a cure is not so generally effected, even in cancers which can be traced to a blow in the breasts of women, and that, although the tumour or tumours be perfectly moveable. And the reason, I suspect, is this; the testis, being a solitary gland, has no very near connection with a farther series of glands of the same kind with itself; it is only connected by sympathy with its fellow. But, in women, there is not only a strong sympathy between the two breasts, but a still greater one between them and the uterus: and there is also a connection between glands of different orders in the
same

same breast. It is from this last circumstance, particularly, I apprehend, that we find a primary affection, of one or more glands, from a blow, will, when they have been suffered by delay to become diseased, propagate the same cancerous disposition to other glands in the neighbourhood. The diseased tumours, which take their origin from a blow, and end in scirrhus and cancer, are, from the beginning, much larger than those which arise in consequence of an affection of the miliary glands of the skin. I have more than once, upon examining a diseased breast, after removal, perceived a considerable gland, at its upper part, enlarged beyond its natural size, of a redish colour, somewhat resembling the convoluted appearance of the cerebellum, with other glands of the same breast in a more diseased state, sloughy, and even putrid; and, in these cases, there were considerable extravasations confined in the cellular substance, which were probably the consequences of a vitiated exsudation, or discharge, from the the above glands. Extravasations, under such circumstances, are not only excrementitious, but probably endued with a high degree of acrimony, approaching, it has been said, to causticity.

Without

Without any blow having been previously given, the disease sometimes attacks, suddenly, not only one breast, but both, like a defluxion, with enlargement and pain, but without the smallest tendency to suppuration. Whether this be, thus early, a kind of chronic inflammation, somewhat similar to what we see in many defluxions on the legs, ending in ulceration; whether it be leprous or scrophulous; is difficult to say.

Whether this defluxion affects the glands, or cellular substance, primarily or secondarily, we need not inquire; from anatomy we know that this substance is a common connecting medium, that it occupies the vicinity, and probably forms a part in the structure, of the glands concerned. That these glands are dense bodies, perhaps not generally susceptible of common suppuration; that irritation may produce inflammation, and this, if suppuration does not follow, can only terminate in resolution, induration, or a slough, which may sometimes be slow, sometimes quick, in its formation: and therefore I apprehend that the proper means of producing resolution of such a defluxion, at an early period, are well worth an inquiry. And it is

no less useful to attend early to the effects of blows on all glandular parts.

It is much to be regretted that both sexes, from modesty or inattention, too often neglect the first and most favourable opportunity of rendering the usual means of resolution successful; and the same practice, which has been very frequently adopted for promoting the removal of other defluxions and inflammations, has been, in a great measure, omitted in these. An antiphlogistic regimen, general and topical bleeding, fomentations, and, perhaps, even the application of cantharides, locally, may have good effects in stopping the progress of this disease, when employed sufficiently early. I have somewhere read, that the progress of scirrhus glands may be checked, and an induration of an indolent kind brought upon the part, by the free application of vinegar.

How far resolution may be in the power of art, remains to be inquired. But, if that should be found impracticable, it may, perhaps, be possible, by the joint assistance of external applications, and medicines taken internally, to prevent the increase of the disease, and keep it quiet. When the very slow progress of some scirrhus and cancerous tumours

tumours is considered, much may be expected from medicine and regimen, because there is frequently time to try their effects fully. And from the known tendency to increase, which scirrhus and cancerous tumours have, and, when increased, to become irritable, we are led naturally rather to the use of sedatives than stimulants; and although I have mentioned cantharides, I must observe that it only inflames the skin; it produces a considerable discharge, and thereby relieves inflammations of deeper-seated parts. It is of great use in many scrophulous cases, and may, perhaps, be safely employed in small, incipient, movable, tumours of the cancerous kind. The dread of ulcerating the skin has always deterred me from this application; but it may, upon trial, be found as safe in the early, as it would, probably, be injurious in a more advanced, state of this disease, when the skin anteriorly adheres to the diseased gland, or when, from a reddish shining appearance, it shews a strong tendency to ulceration; but, in order to obviate irritation, general and local bleeding should precede it, and the vesicatory should be used without the combination of any heating stimulating substance.

Edinburgh 1790. A poor

A poor woman with a cancerous tumour, movable, and not larger than a pigeon's egg, applied to a person who imagined he could remove it by a caustic. The caustic was the Lixiv. Sapon. rendered more active by long evaporation; which, although powerful, did not operate with sufficient force to destroy the whole of the part diseased: it only sloughed a portion of the skin. The cancer, thus imprudently treated, became ulcerated: it went on in the usual way, until her health was greatly impaired. When, in this state, she was recommended to try the effect of toads applied alive to the ulceration: she submitted to this disagreeable remedy; and I was informed, by the attending surgeon, that the sore was healed by their application: but she died consumptive. Perhaps leeches would have answered as well. — The return of the disease to the part whence a cancer has been removed is painful to the surgeon, and highly distressing to the patient. Perhaps the application of the above means of producing local evacuation may check the progress of the ulceration, or assist other means of accomplishing the same intention. There are many sedatives, particularly the vitriolic, of the effects of which, in cancers, we know but little; and the same may be said of the

pus moruentia: those applications which produce a laudable discharge, and healthy granulations in other ulcerations.

There is an herb, which, from the success attending its application to *verrucae*, I am strongly inclined to think would be useful in this case. It is the common favin, fresh gathered, and, in that state, dried and reduced to fine powder: I have had no experience of its effects in cancers, but its effects in the above excrescences are remarkable. Without producing much pain, it occasions the mouldering away of the excrescence, which it absolutely destroys in a slow manner; while its action, on the surrounding sound parts, does not go beyond excoriation or ulceration: in them it occasions no loss of substance, but seems to have the property of destroying the diseased warts only. I know of no caustic, except this, that does not produce, indiscriminately, a slough of the sound as well as of the diseased part; and its action is attended with little irritation. Its effects, also, in other cases, when the part ulcerates, and the morbid glands are exposed, are well worth trying. If it will act on such gland, or on a cancerous fungus, as it does on *verrucae*, it may be of great service. The effects of fixed air, of figs, and, as a poultice, of boiled and

raw carrots, and of hemlock, externally, are not sufficiently ascertained by experience.

The miliary glands of the skin, in their natural found state, are not easily discoverable by the touch; but, when enlarged by disease, may be perceived with the greatest ease. And, upon the examination of persons who have died with cancers of the breast, we sometimes find small glands (whether miliary or not I cannot say) deeper than the skin.

It is extremely difficult to trace the first rudiment of a cancer from a primary affection of one of these miliary glands in the breast; it may, perhaps, be discovered early in cancers of the lip, and in the *noli me tangere* of the face. But upon the return of a cancer to the cicatrix, after an unsuccessful removal of the breast, I have frequently seen them, and could then mark their progress. They are at first very small, devoid of pain, perfectly hard and movable, like peas under the skin; by degrees they increase in size, have a disposition to unite one with the other, as it were by a kind of attraction: but they are at first distinct, and often remain so. After a shorter or longer period, they become fixed posteriorly to the adjacent

cent parts ; though fixed, they still remain, for a time, indolent, and, even under slight pressure, insensible. As the tumour advances, the skin anteriorly is attached to its surface, and the whole becomes immovable. In proportion as the tumour becomes enlarged and distended, so the skin appears upon the stretch, smooth, and shining, sometimes of a reddish-purple hue. If the tumefaction be small, it may remain in this state a considerable time ; if the skin be much distended, it bursts, and the part ulcerates.

In a case of this kind, and in a habit decidedly scrophulous, an adherent tumour arose in the cicatrix remaining after a second removal of the parts ; and there were two other small movable tumours, not bigger than peas, near the axilla : these approximated, and became one tumour ; and, at length, like the original one, became also fixed. The progress of this was more quick than that of the first tumour ; great care having been taken to keep the skin whole, an exudation took place through its pores : that was followed by excoriation, a yellowish kind of crust, or scab, and, after a considerable time, ulceration. The first followed the course of the second tumour, and that also ulcerated. This person had, previous to the repullula-

tion of the disease in the above form, submitted to the excision of the whole breast, and to the removal of a subsequent tumour. There was only the interval of seven months from the removal of the breast to the second operation; but there was an interval of nearly the same number of years from this to the final termination of the disease. — This period was marked by a great variety of circumstances. Under the idea that hemlock, internally, and Plummer's alterative pills, might be of service, she gave a fair trial to both: from the hemlock she derived no advantage whatever; the alterative mercurial was taken for many weeks, and toward the close of this course it seemed to diminish the tumour near the axilla; it made, however, no impression on the other tumour, and injured her general health. It rendered her irritable, disposed her to colds, coughs, and laid the foundation of repeated attacks on the chest; when I say that, I believe it did no more than accelerate that kind of pulmonic affection, which takes place, sooner or later, in most cancers of the breast, when they are incurable: for, she went out often in very inclement weather, during the use of this medicine, contrary to the advice of those who attended her. If any one should be induced to try the effect either of this medicine, *Æthiops Antimon*, or mercury

cury in any other form, in preventing the return of the disease, after it has been once removed by an operation, I would advise him to employ it, under confinement, as early as he can, with safety, after the operation, and before the sore is healed. It has been generally allowed, that this medicine aggravates a cancerous complaint; but it is possible it may have an effect in preventing the return of the disease, after the parts diseased have been fairly taken away. Notwithstanding the frequent relapses, daily met with, the full effect of this medicine has never, I believe, been fairly tried. The late Mr. Cheselden seems to have been of opinion that it might be useful when employed with this intention; for, he succeeded in healing perfectly a sordid sore, remaining after extirpation, by the application of *Merc. vitr. rub.* producing an accidental salivation. The change in the system, producible by mercury, may perhaps have a power of assisting other means in preventing the return; and it may likewise be admissible in some cases of scirrhus, early in the disease. A small scirrhus tumour in the breast was perfectly dissolved, to my knowledge, by the superficial application of a mild mercurial ointment: and there does not appear to be the smallest objection to the application of mercury, in any form, for expediting or assisting the

healing of the wound after a removal of parts. *Mercur. nitr. rub.* used moderately, may be generally a safe application, and preferable, perhaps, to the *argent. nitr.* which is more commonly employed to hasten the healing of the wound after extirpation,

But to return to the history of the case. The tumours, above-mentioned, though they ulcerated, were at no time larger than a small nutmeg. Other tumours, apparently of the same kind, arose in their neighbourhood; their number was great, but their size was small. Thus the disease went on from one gland to another, first hardening, then ulcerating, them, until the several ulcerations covered the diameter of a large dish, extending under the axilla even to the scapula on that side; in this direction it made its principal ravages, without running on to the sternum and other breast. By the constant use of a poultice of boiled carrots, these ulcerations not only had no *fætor*, but they often looked well, and would heal in one part, and break out in another. However, partly from the constant drain, partly from repeated attacks on the chest, she got every day weaker, more emaciated, and hectic. Under all these distressing circumstances, the place, where the tumour, near the axilla,

axilla, was, shewed not only a disposition to heal, but was so far healed, that, from the tucking down of the skin, a kind of stricture on that part was made. This, together with other diseased glands in the axilla, produced such a pressure on the lymphatics, nerves, and blood-vessels, of the arm on that side, that, from the distension and load, great numbness and pain were, at times, felt. The loaded lymphatics might be traced down the arm: at certain distances suppurations took place, which, bursting, thereby afforded a short temporary relief. The whole extremity, even to the fingers, was not only much swollen, but the skin was, in some parts, discoloured, from the want of sufficient circulation. The lungs were frequently affected with an asthmatic kind of paroxysm, and these affections were attended not only with cough, but pain in the side, sense of stricture, and of suffocation. And these internal symptoms alternated with the painful state of the arm; and, in proportion as the one part was more violently affected, so was the other relieved; and in this way it went on to its final termination.

This person, though a married woman, had never had children. She had been subject for years, both before and after the attack of the disease, to
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violent head-ache, a very distressing painful vomiting, and bilious affections of her bowels.

One argument for the removal of cancerous tumours, favourably circumstanced, is this; that every person, having such disease, carries about a gland or glands not only useless but liable from accidental circumstances, such as a blow, a fall, &c. to become troublesome and even dangerous to life. It is therefore safer to part with them, than to run the risk of contingencies; and the removal, when undertaken sufficiently early, has been very frequently attended with success. Every man of experience must however lament that the operative part of surgery is not more generally successful in this disease. The parts in which cancers make their appearance are very different. This makes the removal of a cancerous tumour more certainly a cure in one case than in another. The date, state, and kind, of cancer also make the prospect of cure better or worse. How different in aspect is the *noli me tangere* from many cancers of the breast. How different, again, are these from many fungous excrescences in the orbit, in the mouth, and other parts, which have been called cancerous; some of which actually are so. The female breast is perhaps a part more subject to a relapse from an operation than

than any other. And, as it is, I believe, more frequently the seat of this disease than any other, too much attention cannot be paid to the appearances from the beginning. Whether the tumour or tumours be considered as fit subjects for removal, or for being moderated by medicine and a suitable regimen, the means of relief should be speedily applied; and, if the character of the disease be fairly marked, the application cannot be too early. After extirpation, scirrhi of size do sometimes return, and the disease may come on again after the early removal of the whole breast. Some years back I remember to have examined a breast, after the operation, in which the appearances of disease were so very trifling, that I then thought the operation had been determined upon too hastily. The complaint had only been discovered a fortnight before; and, although it was taken thus early, the cure was not accomplished. There was no glandular enlargement, but a thickening and hardness of what seemed to be more like a condensed cellular membrane than glandular induration, and the axillary glands were not apparently affected. The prospect is much worse when the axillary glands are affected; and a removal of parts, when advisable, should, if possible, be done before such affection.

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When a cancer arises from a blow, especially in a young person, it is one thing; when it comes on, as a defluxion, at a certain period of life, upon glands previously altered or predisposed to disease by age, it is another. In this last case the defluxion attacked only one breast, but it sometimes seizes both; producing considerable thickening, hardness, and pain. To think of removing parts under such circumstances would be very wrong. The intentions seem to be to lessen the local irritation by leeches applied near the part, fomentations, warmth, and regimen; and to divert that determination which has taken place in these to some other parts; and this last has been effected by increasing the secretions from the skin, kidneys, and intestines, attending to the catamenia, if they exist, or promoting the hæmorrhoids if they do not; or, if there should be a difficulty in this, by drawing blood from the hæmorrhoidal vessels by leeches, quickening the circulation towards the feet by pediluvia, and opening drains at a distance from the breast: by these means, I say, the necessary derivation and revulsion may be made. Warm seawater alone, at a distance from the sea, as a fomentation merely, in a lady near seventy, who had an attack of the above kind on both breasts, with a discharge

discharge from one nipple which was sunk in, removed the complaint in a month. When the defluxion and pain subsided, a fit of the hæmorrhoids took place; when these left her, an inflammation and fulness of one leg arose; and, after continuing some time, terminated without ulceration. Relief to a certain degree has, I know, been obtained by warm sea-bathing. The advantages of regimen, of a milk and vegetable diet, good air, and cooling mineral waters, and their effects in moderating the progress of this disease, are well worth the trial. If the disease even arises from a scrophulous or leprous disposition, the cure must be sought for in the cure of these diseases. If it depends on that species of lepra called elephantiasis; if we could cure the latter we should probably be able to cure the worst species of cancer; and the same means which are capable of moderating these diseases may, and probably will, moderate this. And I cannot help expressing a wish, that, in the prosecution of the intended plan, as much attention may be paid to the lenient and medical, and that in every stage of the complaint, as has been given in all ages to what is strictly the surgical, part of the treatment. Candour obliges me to acknowledge, from the experience I have seen, in the best hands, that the latter has not been so successful as might be wished; and, if we confine
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the assertion to the operative part of surgery only, the treatment of the disease is not perhaps capable of much farther improvement. The removal of cancerous tumours was never so well executed as it is now, nor the states of the disease, requiring removal, better or more accurately understood. And yet, with these advantages, no man can promise a cure from the exertion of the greatest abilities in the due performance of a painful and very distressing alternative.

Let attempts to discover a specific, (if there is one in nature,) or a milder and more certain method of cure than the knife, be made in other directions. Let us inquire what nature will do, and what, by following her indications, she will bear. Let close attention be paid to the effects of topical applications, and of medicines given internally. But let not the most probable means of relief which are already known, and which we at this time derive from surgery, be neglected. Let the physician and surgeon go hand in hand, labouring in the same cause to the same beneficent end. Let the utmost advantage be derived from that collision of minds and of thoughts, which a body of respectable medical men may, by a general communication and co-operation, produce ; and, when their observations

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are moulded into form, they cannot be made too public. The great object of this institution is general utility. It is founded, I hope, on unexceptionable medical principles; and the manner, in which the investigation of the disease will be conducted, will, I trust, be always open, liberal, and manly.

From what I have been able to collect from two cases of the chimney-sweepers cancer, one of which is now in the Middlesex, the other was lately in the Westminster, hospital, it appears that the disease, in both patients, arose from wood-foot, and from that only. That, in the latter case, though the disease had advanced to a very late stage, having extended not only to the skin and cellular substance of the *scrotum*, but to the *tunica vaginalis* of both testes; that, by taking away all the diseased parts, including the *tunica vaginalis*, a cure has been happily effected without removing the testes. — In the other case, the first appearance of disease was a wart; that wart the patient had plucked off himself; this was followed by a rise of several others; and that by a spreading ulceration. The man is forty-one, and has been a chimney-sweeper from twelve years of age. He has been fifteen years diseased, during three only of which has the
part

part been in a state of ulceration : so that there was a long interval of several years, during which the disease was growing in the state of a wart. The sore is now of such a nature, and so situated, that it is doubtful whether any operation can relieve him. — But it is highly probable, if the original wart had, with its attachments, been removed at an early period, that he would have had a permanent cure. It is remarkable that he has also a wart projecting like a tooth from his upper lip, which has grown in the place from which a former one had been removed by himself.

I forbear to enlarge on the facts which this single case is capable of furnishing.

When the reader reflects that one great object of the proposed Institution is to preserve from oblivion the circumstances of such cases as may occur ; when he foresees that these will probably be numerous, and that the record will be carefully kept, and its contents freely communicated, he may form some idea of the utility of this part of the plan, and of the immense advantage it will be not only to medicine, but to mankind in general.

Having

Having had the honour of bringing forward a difficult public business in a regular scientific way, I beg leave in vindication of the ready adoption the plan has met with from the governors and medical gentlemen of the Middlesex-Hospital, and to shield both them and myself from every idea of quackery, to observe, that their attention and cares will be considerably increased, without an adequate compensation. And, as to myself, I derive no advantages from the institution. I have only the pleasure of having aided confidentially, and to the best of my judgement, the good intentions of my friend.

The medical gentlemen of the house are in full possession of the sentiments of the donor; and, being men of known character, there cannot be a doubt but the business will be conducted in a proper manner. Their conduct will be a lesson to those who are to come after them, and an example to all mankind, shewing, on the firm Hippocratic ground, with the assistance of the experimental knowledge of the present day, how much may be done practically, towards the advancement of this part of medicine, by industry, a well-directed arrangement, and a fortunate combination of circumstances.

T H E E N D.